

### Addressing Social Determinants of Health

**Navigating health care today is about more than just medical care. As much as 80% of what influences a person's health happens outside the doctor's office.**

At UnitedHealthcare, we are collaborating with more than a half-dozen local nonprofits to tackle the social determinants of health through our Empowering Health initiative, which strives to make an impact on the health of communities by funding community-based organizations and programs so they can do more to improve the health and well-being of the uninsured and underserved in our communities.

Through this program, we announced this month more than \$1 million in grants to seven community-based organizations serving Memphis and Shelby County. These organizations are Christ Community Health Services, Church Health, Metropolitan Inter-Faith Association, Mid-South Food Bank, Regional One Health, Shelby County Education Foundation, and YMCA of Memphis and the Mid-South.

With this support, we anticipate these organizations will reach more than 80,000 people by addressing multiple critical needs and services in the Memphis community, including dental care, increased access to fresh and healthy food, senior hunger and social isolation, and youth health, hygiene, education and physical activity.

To learn more about how we're addressing critical social determinants of health in the Memphis community, check out our opinion piece in the [Commercial Appeal](#).



*The Empowering Health press conference on May 13*



**2019  
Drug Take  
Back Day**

**5,025** pounds  
collected across  
**42** locations.

Total to-date collection  
**TEN TONS**

### More Than 5,000 Pounds of Unused Prescription Drugs Collected

**In collaboration with multiple organizations, local law enforcement, pharmacy students and Drug Enforcement Agency officials, UnitedHealthcare helped to safely dispose of 5,025 pounds of unwanted prescription drugs across 42 locations throughout the state on April 27th.**

This means that between April 2018 and April 2019, we've helped to remove more than 20,000 pounds, or 10 tons, of unwanted, unused prescriptions from Tennessean homes. We look forward to continuing to work with our community partners to address the opioid crisis in Tennessee.



Healthy Tennessee Health Fair in Cosby, TN

## Helping People Live Healthier Lives

UnitedHealthcare sponsored the Healthy Tennessee Health Fair on May 17 in Cosby, TN, alongside Trinity Baptist Church and Second Harvest Food Bank of East Tennessee.

## UHC Pathways

In collaboration with the Williamson County Board of Education’s High School Transition Program, UnitedHealthcare Community Plan of Tennessee has launched a new initiative called UHC Pathways.

UHC Pathways is a paid internship program for Brentwood High School students with disabilities. The goal of the program is to create a learning opportunity for these students to strengthen and acquire employable and marketable work skills that lead to competitive employment at either UnitedHealthcare or another organization upon graduation.

Our spring 2019 interns just finished the 8-week pilot program, where they worked with the Case Management Associates (CMA) team on a variety of customized work assignments based on their skillsets.

The interns were each assigned to a CMA mentor who integrated them with the team and provided tasks to help them strengthen and grow their professional skills, such as Person-Centered Support Plan analysis, provider network support, authorization creation and assisting members over the phone.

As we celebrate the commencement of our first set of UHC Pathways interns, we look forward to expanding this internship model to other departments across our organization, lengthening the duration of the program and hosting multiple sessions each year in different areas of Tennessee.



Keith Payet, President and CEO, UnitedHealthcare Community Plan of Tennessee, with spring interns, Fernanda and Jack



UnitedHealthcare employees packing food bags

## Social Responsibility

On May 2, UnitedHealthcare staff and agent volunteers packed over 1,100 weekend food bags at the Second Harvest Food Bank of Northeast Tennessee for children from low-income households.

For more information about UnitedHealthcare’s involvement in your community, contact:

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